

## **CERTIFICATE**

OF PARTICIPATION

This is to certify that

## Brendan McBirnie

Has successfully participated & completed the

8km Shift Wellness - Trail Run, The Shift Series

held at Walter Sisulu Garden.

**TIME** 01:23:23

**PACE** 10:24/km

**OVERALL** 72 of 166

**GENDER** 46 of 78

**OPEN** 27 of 40

23 June 2019, Sun

Date



BowlTime

Signature